



**National
Girls & Women
in Sports Day®**

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CELEBRATE NATIONAL GIRLS AND WOMEN'S IN SPORTS DAY WITH DAEMEN ATHLETICS

Sunday February 25th at 11am

Daemen University

John R. Yurtchuk Student Center

*Calling all girls in sports grades 4 and higher
who would like to learn more about being a
well-balanced athlete.*



**Women's Sports
Foundation®**

FEATURED SPEAKERS

HEALTHY BRAIN

Dr. Amy Trabert

DSW, LMSW

Psychotherapist from
Whole Wellness Counseling



Whole Wellness Counseling



HEALTHY BODY

Natalie Robertello

MS, RD, CSSD, CDN

Sports Dietitian from
Be Fueled Sports Nutrition



Be Fueled
SPORTS NUTRITION

REGISTER TODAY!

daemenwildcats.com/NGWStickets

Cool Perk

All attendees will have the opportunity to receive an exclusive event poster signed by Daemen female student-athletes and will gain free admission to our Women's Basketball Game vs D'Youville at noon.