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DIRECTIONS:

From the North (via Lockport Expressway S / I-990)
1. Take ramp left and follow signs for I-290 / Youngmann Expressway East
2. At exit 6, take ramp right for RT-240 / Harlem Road toward Sheridan Drive
3. Turn left onto SR-240 / Harlem Road
4. Turn right onto SR-5 / Main Street; MOBILE on the corner
5. Arrive at Daemen College
The last intersection is Mt. Vernon Road
*If you reach Washington Highway, you’ve gone too far

From the South/East (via Gov Thomas E Dewey Thruway E / New York State Thruway E / I-90 E)
1. At exit 50, take ramp right for I-290 / Youngmann Expressway West toward Niagara Falls
2. At exit 7A, take ramp right and follow signs for SR-5 West / Main Street
3. Arrive at Daemen College

From the West (via Youngman Expressway E / I-290)
1. At exit 6, take ramp right for RT-240 / Harlem Road toward Sheridan Drive
2. Turn left onto SR-240 / Harlem Road
3. Turn right onto SR-5 / Main Street
4. Arrive at Daemen College
BASKETBALL INFORMATION

COACHING STAFF:

<table>
<thead>
<tr>
<th>TITLE</th>
<th>NAME</th>
<th>OFFICE</th>
<th>CELL</th>
<th>EMAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>M Head Coach</td>
<td>Mike MacDonald</td>
<td>(716) 839-8380</td>
<td>(716) 818-1100</td>
<td><a href="mailto:mmacdona@daemen.edu">mmacdona@daemen.edu</a></td>
</tr>
<tr>
<td>M Asst. Coach</td>
<td>Ryan Grandits</td>
<td>(716) 839-8380</td>
<td>(716) 213-3817</td>
<td><a href="mailto:rgrandit@daemen.edu">rgrandit@daemen.edu</a></td>
</tr>
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<td>M Asst. Coach</td>
<td>Matt Dyrek</td>
<td>(716) 839-8380</td>
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<td></td>
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<tr>
<td>W Head Coach</td>
<td>Jenepher Banker</td>
<td>(716) 839-8336</td>
<td>(716) 579-3260</td>
<td><a href="mailto:jbanker@daemen.edu">jbanker@daemen.edu</a></td>
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<tr>
<td>W Asst. Coach</td>
<td>Kallie Banker</td>
<td>(716) 839-8336</td>
<td>(716) 998-6450</td>
<td><a href="mailto:mbanker@daemen.edu">mbanker@daemen.edu</a></td>
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<tr>
<td>W GA Coach</td>
<td>McKenzie Bezon</td>
<td>(716) 839-8336</td>
<td></td>
<td><a href="mailto:mckenzie.bezon@daemen.edu">mckenzie.bezon@daemen.edu</a></td>
</tr>
</tbody>
</table>

Athletics Operations Coordinator: Chad Van Every
Office: (716) 839-7694
Cell: (716) 720-1308
Email: cvanever@daemen.edu

LOCKER ROOM INFORMATION: The locker rooms will be reserved and available 2-hours prior to game time*. Inside the locker room there will be a whiteboard with markers and lockers for your use. The locker room will be reserved for the duration of the game and for 1-hour after the game concludes. Please note that if your team chooses to shower after the game, NO towels will be provided.

*Time may be adjusted slightly due to double-headers

ATHLETIC TRAINING INFORMATION: The Athletic Training Facility will be open at least two (2) hours prior to event times for pregame treatments and remain open 30 minutes after the completion of the contest unless arranged otherwise. A Certified Athletic Trainer will be onsite at least 45 minutes before the scheduled event start time.

- Taping (please provide own taping supplies)
- Ice packs and Heat packs
- Ultrasound (only with MD/AT Rx)
- Electrical Stimulation/TENS (only with MD/AT Rx)
- Game Ready
- Extremity whirlpool

DAEMEN WILDCATS
The Athletic Complex sits adjacent to the Research and Information Commons and is visible from the College's primary entrance off of Main Street. It is connected in the rear to Duns Scotus Hall. While the Athletic Complex does have its own primary entrance at the front of the building, it is most often accessed through the rear doors to Duns Scotus. Parking for the Athletic Complex is available in the lot situated between Duns Scotus and the Charles J. Wick Campus Center.

FACILITY INFORMATION

Site:  Main Campus (connected to Duns Scotus Hall)
Location:  4380 Main Street
Amherst, NY  14226

TEAM BUS/VAN PARKING: Buses may use our auxiliary strip located on the Main St. side of our athletic facility, parallel to the building. All vans will need to find parking in the main lot located between Duns Scotus and the Wick Student Center.

OTHER INFORMATION

-A pre-game/post-game timeline will be posted in the locker room, and a hard copy will be handed to visiting team staff upon arrival at the facility.

-Should you be in need of facility usage prior to game time (i.e. practice the night before, shoot-around day-of) please contact Vivian Heverley at (716) 839-8346 or vheverle@daemen.edu.

-For all SID/Communications questions and requests, please contact Mike Miranto, Senior Associate Athletics Director for External Operations & Communications, at (716) 839-8385 or mmiranto@daemen.edu.
SOCCER INFORMATION

COACHING STAFF:

<table>
<thead>
<tr>
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<th>EMAIL</th>
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</thead>
<tbody>
<tr>
<td>M Head Coach</td>
<td>Bediako Swan</td>
<td>(716) 839-7254</td>
<td>(304) 704-6104</td>
<td><a href="mailto:bswan@daemen.edu">bswan@daemen.edu</a></td>
</tr>
<tr>
<td>M Asst. Coach</td>
<td>James Kpainay</td>
<td>(716) 839-7254</td>
<td></td>
<td></td>
</tr>
<tr>
<td>W Head Coach</td>
<td>Dan Dolan</td>
<td>(716) 566-7859</td>
<td>(716) 418-2162</td>
<td><a href="mailto:ddolan@daemen.edu">ddolan@daemen.edu</a></td>
</tr>
<tr>
<td>W Asst. Coach</td>
<td>Dan Panaro</td>
<td>(716) 566-7859</td>
<td></td>
<td><a href="mailto:dpanaro@daemen.edu">dpanaro@daemen.edu</a></td>
</tr>
<tr>
<td>W Asst. Coach (GK)</td>
<td>Allie Tompkins</td>
<td>(716) 566-7859</td>
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<td></td>
</tr>
<tr>
<td>W GA Coach</td>
<td>Ally Spafford</td>
<td>(716) 566-7859</td>
<td></td>
<td><a href="mailto:allyson.spafford@daemen.edu">allyson.spafford@daemen.edu</a></td>
</tr>
</tbody>
</table>

Athletics Operations Coordinator: Chad Van Every
Office: (716) 839-7694
Cell: (716) 720-1308
Email: cvanevery@daemen.edu

LOCKER ROOM INFORMATION: There are NO locker rooms at Karrer Field—only bathrooms will be available on site. On-campus, in our Athletic Facility, the locker rooms will be reserved and available 2-hours prior to game time*. Inside the locker room, there will be a whiteboard with markers and lockers for your use. The locker room will be reserved for the duration of the game and for 1-hour after the game concludes. Please note that, if your team chooses to shower after the game, NO towels will be provided.

*Time may be adjusted slightly due to double-headers

ATHLETIC TRAINING INFORMATION: The Athletic Training Facility will be open at least two (2) hours prior to event times for pregame treatments and remain open 30 minutes after the completion of the contest, unless arranged otherwise. A Certified Athletic Trainer will be onsite* at least 45 minutes before the scheduled event start time.

*Please note the soccer venue is located off campus without access to an onsite AT facility.

Pre-game taping, stretching and icing can be performed on the sideline; however, any other necessary treatments should be arranged to occur in the Athletic Training Facility on campus; please plan accordingly for transit time to specific off-campus game venue.
Daemen College has recently made a financial commitment in partnership with The Park School of Buffalo to improve the latter's existing soccer field, known as Karrer Field, developing it into a viable natural-grass playing field for both the Daemen College men's and women's soccer program. Karrer Field is located just a short drive from campus at 4625 Harlem Road in Amherst.

FACILITY INFORMATION

Site: Karrer Field (2-minute drive from campus)
Location: Park School of Buffalo
4625 Harlem Road
Amherst, NY 14226

DRIVING DIRECTIONS:
Located behind on Harlem Road approximately 1 mile from Daemen College Campus. Take right out of Campus Drive exit, take to Main Street. Take left onto Main Street; then at the first light, take a left onto Harlem Road. The Park School will be on your right-hand side a mile down.

TEAM BUS/VAN PARKING: All visiting team parking is allowed in the parking lot located next to the complex.

OTHER INFORMATION
-A pre-game/post-game timeline will be posted in the locker room and a hard copy will be handed to visiting team staff upon arrival at the facility.

-Should you be in need of facility usage prior to game time (i.e. practice the night before, shoot-around day-of) please contact Vivian Heverley at (716) 839-8346 or vheverle@daemen.edu

-For all SID/Communications questions and requests, please contact Mike Miranto, Senior Associate Athletics Director for External Operations & Communications, at (716) 839-8385 or mmiranto@daemen.edu.
TENNIS INFORMATION

COACHING STAFF:

<table>
<thead>
<tr>
<th>TITLE</th>
<th>NAME</th>
<th>OFFICE</th>
<th>CELL</th>
<th>EMAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>M&amp;W Head Coach</td>
<td>Kerry McDermott</td>
<td>(716) 839-7698</td>
<td>(402) 570-7710</td>
<td><a href="mailto:kmcdermo@daemen.edu">kmcdermo@daemen.edu</a></td>
</tr>
<tr>
<td>M&amp;W GA Coach</td>
<td>David Gonzalez Villegas</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>M&amp;W Vol Asst. Coach</td>
<td>Jessica Robins</td>
<td></td>
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</tbody>
</table>

Facilities Coordinator:  
Office:  (716) 839-7698  
Email: kmcdermo@daemen.edu

LOCKER ROOM INFORMATION: The locker rooms will be reserved and available 2-hours prior to game time. Inside the locker room there will be a whiteboard with markers and lockers for your use. The locker room will be reserved for the duration of the game and 1-hour after the game concludes. Please note that if your team chooses to shower after the game, NO towels will be provided.

-Miller Tennis Center: Public club locker rooms will be available for teams to use. No towels will be provided.

ATHLETIC TRAINING INFORMATION: The Athletic Training Facility will be open at least two (2) hours prior to event times for pre-game treatments and remain open 30 minutes after the completion of the contest unless, arranged otherwise. A Certified Athletic Trainer will be onsite* at least 45 minutes before the scheduled event start time.

*Please note that the tennis venues are located off campus without access to an onsite AT facility.

Pre-game taping, stretching and icing can be performed on the sideline, however, any other necessary treatments should be arranged to occur in the Athletic Training Facility on campus; please plan accordingly for transit time to specific off-campus game venue.
WILLIAMSVILLE SOUTH HIGH SCHOOL (OUTDOOR)

FACILITY INFORMATION

Site: Williamsville South High School
Location: 5950 Main Street
          Williamsville, NY 14221

DRIVING DIRECTIONS:
---Take Campus Drive towards Main Street
---Turn right onto Main Street (pass by Bank of America Financial Center on right) - 2.9 mi
---Turn left at Hirschfield Drive

TEAM BUS/VAN PARKING: Available in rear of parking lot at facility.

MILLER TENNIS CENTER (INDOOR)

Miller Tennis Center, the premier year-round tennis club in the Western New York area, serves as the home indoor venue for the men's and women's tennis teams at Daemen College. Located less than five miles from the Daemen campus on Sheridan Drive in Williamsville, Miller Tennis Center features eight indoor courts which are utilized by Daemen's teams during times of inclement weather preventing play at the teams’ outdoor venue, Williamsville South High School. Named as one of the Top 50 Welcome Centers in the U.S. by the United States Tennis Association (USTA) and the Tennis Industry Association, Miller Tennis Center is the home of an annual USTA Pro Circuit event and the Buffalo Tennis Hall of Fame.
FACILITY INFORMATION

Site: Miller Tennis Center
Location: 5959 Sheridan Drive
         Williamsville, NY 14221

DRIVING DIRECTIONS:
Take Campus Drive towards Main Street
Turn left onto Main Street - 0.2 mi
Turn left onto Harlem Road - 1.1 mi
Use the right 2 lanes to turn right onto Sheridan Drive - 3.6 mi
Turn right into Miller Tennis Center entrance

TEAM BUS/VAN PARKING: Available in parking lot at facility.

OTHER INFORMATION

-Should you be in need of facility usage prior to game time (i.e. practice the night before, shoot-around day-of) please contact Vivian Heverley at (716) 839-8346 or vheverle@daemen.edu

-For all SID/Communications questions and requests, please contact Mike Miranto, Senior Associate Athletics Director for External Operations & Communications, at (716) 839-8385 or mmiranto@daemen.edu.
VOLLEYBALL INFORMATION

COACHING STAFF:

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<td>Don Gleason</td>
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<td><a href="mailto:dgleason@daemen.edu">dgleason@daemen.edu</a></td>
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<td></td>
</tr>
<tr>
<td>M Vol Asst. Coach</td>
<td>Ricky Albano</td>
<td>(716) 698-7704</td>
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<td></td>
</tr>
<tr>
<td>M Vol Asst. Coach</td>
<td>Alex McColgin</td>
<td>(716) 698-7704</td>
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<td></td>
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<tr>
<td>M Vol Asst. Coach</td>
<td>Bill Schultz</td>
<td>(716) 698-7704</td>
<td></td>
<td></td>
</tr>
<tr>
<td>W Head Coach</td>
<td>Stephanie Albano</td>
<td>(716) 566-7893</td>
<td>(716) 989-9076</td>
<td><a href="mailto:salbano@daemen.edu">salbano@daemen.edu</a></td>
</tr>
<tr>
<td>W Asst. Coach</td>
<td>Don Gleason</td>
<td>(716) 698-7704</td>
<td></td>
<td><a href="mailto:dgleason@daemen.edu">dgleason@daemen.edu</a></td>
</tr>
<tr>
<td>W Asst. Coach</td>
<td>Maria Travale</td>
<td>(716) 566-7893</td>
<td></td>
<td></td>
</tr>
<tr>
<td>W Vol Asst. Coach</td>
<td>Andrew Braun</td>
<td>(716) 566-7893</td>
<td></td>
<td></td>
</tr>
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Athletics Operations Coordinator: Chad Van Every  
Office: (716) 839-7694  
Cell: (716) 720-1308  
Email: cvanevery@daemen.edu

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ATHLETIC TRAINING INFORMATION: The Athletic Training Facility will be open at least two (2) hours prior to event times for pregame treatments and remain open 30 minutes after the completion of the contest, unless arranged otherwise. A Certified Athletic Trainer will be onsite at least 45 minutes before the scheduled event start time.

- Taping (please provide own taping supplies)
- Ice packs and Heat packs
- Ultrasound (only with MD/AT Rx)
- Electrical Stimulation/TENS (only with MD/AT Rx)
- Game Ready
- Extremity whirlpool
The Athletic Complex sits adjacent to the Research and Information Commons and is visible from the College’s primary entrance off of Main Street. It is connected in the rear to Duns Scotus Hall. While the Athletic Complex does have its own primary entrance at the front of the building, it is most often accessed through the rear doors to Duns Scotus. Parking for the Athletic Complex is available in the lot situated between Duns Scotus and the Charles J. Wick Campus Center.

**FACILITY INFORMATION**

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Location: 4380 Main Street
Amherst, NY  14226

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-Should you be in need of facility usage prior to game time (i.e. practice the night before, shoot-around day-of) please contact Vivian Heverley at (716) 839-8346 or vheverle@daemen.edu.

-For all SID/Communications questions and requests, please contact Mike Miranto, Senior Associate Athletics Director for External Operations & Communications, at (716) 839-8385 or mmiranto@daemen.edu.
VISITING ATHLETIC TRAINER INFORMATION

On behalf of Daemen College Athletics, we would like to welcome you to Daemen College. The Athletic Training Facility is located adjacent to the Lumsden Gymnasium. To assist in your visit to Daemen College, please use the following information as a guide for location, AT services provided at home contests, available therapeutic modalities, and emergency information. If you have any questions or issues, please contact our Athletic Training Staff.

PRE-GAME TREATMENTS:
The Athletic Training Facility will be open at least two (2) hours prior to event times for pregame treatments and remain open 30 minutes after the completion of the contest, unless arranged otherwise. A Certified Athletic Trainer will be onsite* at least 45 minutes before the scheduled event start time. Please note the soccer and tennis venues are located off campus without access to an onsite AT facility.

Pre-game taping, stretching and icing can be performed on the sideline; however, any other necessary treatments should be arranged to occur in the Athletic Training Facility on campus; please plan accordingly for transit time to specific off-campus game venue*.

On-Campus Game Venues:

- Basketball and Volleyball – Lumsden Gymnasium

Off-Campus Game Venues:
Estimated travel time from the Daemen campus to venues in normal traffic conditions:

- Soccer – Park School of Buffalo - Karrer Field ~ 1 mile = 3-5 minutes
- Tennis [outdoor] – Williamsville South High School ~ 3 miles = 10-15 minutes
- Tennis [indoor] – Miller Tennis Center ~ 5 miles = 8-10 minutes

INCLEMENT WEATHER:

**No shelter structure is available at Karrer Field (soccer). Therefore, home and away teams should seek shelter in team buses or vehicles.

MEDICAL STAFF AVAILABLE:

A Certified Athletic Trainer will be present at all Daemen home contests; our Team Physician or PA may be present at select home contests. If an Athletic Trainer will not be traveling with your team, we will gladly provide taping and treatments, however, we request the following:

- Notify our Athletic Training Staff via email or phone with a listing of individual player treatments (indicating any specific parameters).
- Teams should bring their own taping supplies.
AT services/therapeutic modalities available in the Athletic Training Facility:

- Taping (please provide own taping supplies)
- Ice packs and Heat packs
- Ultrasound (only with MD/AT Rx)
- Electrical Stimulation/TENS (only with MD/AT Rx)
- Game Ready
- Extremity whirlpool

AT supplies available at Game venues:

- Certified Athletic Trainer present at all home events
- Taping (please provide own taping supplies)
- Water, cups and/or water bottles
- Injury Ice
- AED/Splints/Crutches
- Biohazard supplies

**Please note, bench or showering towels will *NOT* be provided.

Assistant Athletics Director for Sports Medicine & Performance: Jeff Sage
Office: (716) 839-8220
Cell: (716) 472-6081
Fax: (716) 566-7858
Email: jsage@daemen.edu
EMERGENCY INFORMATION

In the event of an emergency, please refer to our Emergency Action Plans for the on-campus Lumsden Gymnasium and off-campus venues.

For your convenience, the nearest Urgent Care Centers, Hospitals and Trauma Centers have been listed below.

**URGENT CARE CENTERS:**

- **WellNow Urgent Care**
  - www.wellnow.com
  - 3980 Sheridan Drive
  - Amherst, NY 14226
  - (716) 541-0224
  - Hours: 7 days a week 8:00am-8:00pm

- **Western NY Immediate Care**
  - www.wnyimmediatecare.com
  - ---Williamsville Office: 7616 Transit Road
    - Williamsonville, NY 14221
    - (716) 204-2273
  - ---Amherst Office: 2099 Niagara Falls Boulevard
    - Amherst, NY 14228
    - (716) 564-2273
  - Hours: Monday-Friday 9:00am-9:00pm; Saturday-Sunday 9:00am-8:00pm

**HOSPITALS:**

- **Millard Fillmore Suburban Hospital**
  - www.kaleidahealth.org/suburban
  - 1540 Maple Road
  - Williamsonville, NY 14221
  - (716) 568-3600

- **Sisters of Charity Hospital, St. Joseph Campus**
  - www.chsbuffalo.org/st-joseph-campus
  - 2605 Harlem Road
  - Cheektowaga, NY 14225
  - (716) 891-2400

**TRAUMA CENTER:**

- **Erie County Medical Center (ECMC)**
  - www.ecmc.edu
  - 462 Grider Street
  - Buffalo, NY 14215
  - (716) 898-3000
DAEMEN COLLEGE ATHLETICS PREFERRED HOTELS

HYATT PLACE BUFFALO / AMHERST
5020 Main Street
Amherst, NY 14226
(716) 839-4040
Contact: Shannon Clark, Sales Manager
(716) 322-0130
shannon.clark@hyatt.com

MILLENNIUM BUFFALO
2040 Walden Avenue
Buffalo, NY 14225
Contact: Tracey R. Szwajda, Sales Manager
Phone: (716) 206-8306
Fax: (716) 681-5489
tracey.szwajda@millenniumhotels.com

RUDRA HOSPITALITY MANAGEMENT
COURTYARD BY MARRIOTT BUFFALO AMHERST / UNIVERSITY
4100 Sheridan Drive
Buffalo, NY 14221
Contact: Dana Merkling, Regional Sales Director WNY
Rudra Hospitality Management
Voice Mail: (716) 259-8161 Ext. 32
Cell: (716) 310-0059
dana@rudramanagement.com
DAEMEN COLLEGE ATHLETICS PREFERRED RESTAURANTS

BOB & JOHN'S LA HACIENDA
2071 Kensington Avenue
Snyder, NY 14226
(716) 839-5535

BAGEL JAY'S BAKERY & CAFE
4498 Main Street
Snyder, NY 14226
(716) 839-2222

SUBWAY
3955 Main Street
Amherst, NY 14226
(716) 835-1471

DENNY'S
4445 Main Street
Amherst, NY 14226
(716) 839-4749

ZIGGY'S TACO AND SUB
3975 Main Street
Amherst, NY 14226
(716) 837-7560

DICKEY'S BARBECUE PIT
3220 Sheridan Drive
Amherst, NY 14226
(716) 714-4110

ANCHOR BAR AMHERST
4300 Maple Road
Amherst, NY 14226
(716) 833-9464